Teaching Practicum Manual

(Nursing and Midwifery Undergraduate in Fifth Semester)

Clinical Comprehensive Practicum IV

Student ID _____

Name _____

Grade _____

Class _____

Internship Hospital _____

Prepared by the School of Nursing, Jiujiang University

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Preface

According to the teaching plan for the undergraduate nursing program at our university, a one-week hospital teaching practicum will continue during the first semester of the third academic year. The purpose is to closely integrate theory with practice. This semester's practicum focuses on familiarizing students with and helping them master common diseases and clinical nursing care, thereby laying a foundation for subsequent clinical nursing courses and internships. Students are also expected to become familiar with and proficient in the nursing procedures and skills they have learned, understand patients' psychological states and psychological nursing care, and continue to strengthen professional nursing behavior.

I. Objectives and Content of the Observational Practicum

1. Continue to strengthen training in the professional qualities required of nurses, including:

• Professional nursing ethics, such as compassion and caring for patients, and establishing a good nurse-patient relationship.

• Standards of nursing behavior, such as appropriate dress, posture, appearance, and language.

• Communication skills, including communication and interaction with patients, patients' family members, nurses, and clinical instructors.

2. Become familiar with the nursing care of patients with common medical and surgical diseases, mainly including etiology, pathogenesis, clinical manifestations, treatment principles, nursing diagnoses, nursing measures, and health education.

3. Become familiar with and master common basic nursing procedures:

• Daily living care (cleanliness, positioning, diet, etc.)

• Measurement of vital signs

• Various injections (subcutaneous, intramuscular, intravenous, etc.)

• Infusion and blood transfusion

• Oxygen inhalation

• Allergy testing

• Enema, catheterization, etc.

• Writing and recording of medical and nursing documents

• Others

4. Become familiar with patients' psychological responses and psychological nursing interventions.

5. Understand and become familiar with the content of hospital nursing management, as well as the methods and skills used by head nurses in management.

II. Requirements for Students During the Practicum

1. Obey the arrangements made by the school, the hospital nursing department, and the clinical instructors, and implement the teaching practicum plan.

2. Comply with hospital rules, regulations, and working hours; do not arrive late or leave early; arrive at the post 10 minutes in advance.

3. Wear name badges and maintain neat and standardized attire; wear a mask during nursing procedures; keep the ward quiet and tidy.

4. Respect teachers, accept assignments, and remain modest and eager to learn.

5. Respect, care for, and show concern for patients, and address them politely.

6. Do not answer patients' questions casually regarding medical or nursing knowledge that has not yet been mastered.

7. Study actively every day, carefully record practicum content, and obtain evaluation and signatures from clinical instructors.

8. Complete the practicum report and summary conscientiously.

9. Observe traffic rules and ensure personal safety. The student group leader is responsible for safety work, and a “safety notice system” shall be implemented.

10. It is strictly forbidden to wear work uniforms on the street or while taking public transportation. After work, uniforms should be folded and stored properly, and hands should be washed.

Student Practicum Behavior Evaluation Form

Date	Evaluation Content	Self-Evaluation	Teacher’s Evaluation	Teacher’s Signature
Day 1	Discipline	Excellent / Good / Fair / Poor		
	Proper attire	Excellent / Good / Fair / Poor		
	Respect for teachers	Excellent / Good / Fair / Poor		
	Care for patients	Excellent / Good / Fair / Poor		
	Modesty and eagerness to learn	Excellent / Good / Fair / Poor		
Day 2	Discipline	Excellent / Good / Fair / Poor		
	Proper attire	Excellent / Good / Fair / Poor		
	Respect for teachers	Excellent / Good / Fair / Poor		
	Care for patients	Excellent / Good / Fair / Poor		
	Modesty and eagerness to learn	Excellent / Good / Fair / Poor		

Day 3	Discipline	Excellent / Good / Fair / Poor		
	Proper attire	Excellent / Good / Fair / Poor		
	Respect for teachers	Excellent / Good / Fair / Poor		
	Care for patients	Excellent / Good / Fair / Poor		
	Modesty and eagerness to learn	Excellent / Good / Fair / Poor		
Day 4	Discipline	Excellent / Good / Fair / Poor		
	Proper attire	Excellent / Good / Fair / Poor		
	Respect for teachers	Excellent / Good / Fair / Poor		
	Care for patients	Excellent / Good / Fair / Poor		
	Modesty and eagerness to learn	Excellent / Good / Fair / Poor		
Day 5	Discipline	Excellent / Good / Fair / Poor		
	Proper attire	Excellent / Good / Fair / Poor		
	Respect for teachers	Excellent / Good / Fair / Poor		
	Care for patients	Excellent / Good / Fair / Poor		
	Modesty and eagerness to learn	Excellent / Good / Fair / Poor		

Overall teacher’s comments for this week:

Assessment result:

Teacher’s signature: _____

What Was Seen, Heard, Thought, and Done (First Day)

Patient Name: _____ Bed No.: _____

Medical Diagnosis: _____

Nursing Assessment:

Nursing Diagnosis:

Nursing Measures:

Health Education and Others (content of health education and self-evaluation of effectiveness):

Nursing Procedures Observed and Performed:

Findings and Reflections:

What Was Seen, Heard, Thought, and Done (Second Day)

Patient Name: _____ Bed No.: _____

Medical Diagnosis: _____

Nursing Assessment:

Nursing Diagnosis:

Nursing Measures:

Health Education and Others (content of health education and self-evaluation of effectiveness):

Nursing Procedures Observed and Performed:

Findings and Reflections:

What Was Seen, Heard, Thought, and Done (Third Day)

Patient Name: _____ Bed No.: _____

Medical Diagnosis: _____

Nursing Assessment:

Nursing Diagnosis:

Nursing Measures:

Health Education and Others (content of health education and self-evaluation of effectiveness):

Nursing Procedures Observed and Performed:

Findings and Reflections:

What Was Seen, Heard, Thought, and Done (Fourth Day)

Patient Name: _____ Bed No.: _____

Medical Diagnosis: _____

Nursing Assessment:

Nursing Diagnosis:

Nursing Measures:

Health Education and Others (content of health education and self-evaluation of effectiveness):

Nursing Procedures Observed and Performed:

Findings and Reflections:

What Was Seen, Heard, Thought, and Done (Fifth Day)

Patient Name: _____ Bed No.: _____

Medical Diagnosis: _____

Nursing Assessment:

Nursing Diagnosis:

Nursing Measures:

Health Education and Others (content of health education and self-evaluation of effectiveness):

Nursing Procedures Observed and Performed:

Findings and Reflections:

Patient Psychological Assessment Report

Ward: _____ Bed No.: _____ Name: _____ Gender: _____

Date of Admission: _____ Hospitalization No.: _____

Survey Content

1. General Information:

Age: _____ Occupation: _____ Educational Level: _____

Hobbies and Special Skills: _____

Marital Status: Unmarried / Married / Widowed / Divorced Payment Method for Medical Expenses: Public Expense / Self-Pay / Insurance

Mode of Admission: Walking / Assisted Walking / Carried In / Stretcher / Wheelchair Attending Physician: _____ Admission Medical Diagnosis: _____

Reason for Admission (chief complaint + brief medical history):

Past Medical History (medical diagnosis + time + whether cured):

Other:

2. Living Conditions and Degree of Self-Care

(1) Diet: Normal / Soft Diet / Semi-liquid / Liquid / Fasting Appetite: Normal / Increased / Decreased / Hyperactive

(2) Sleep/Rest: Normal sleep / Difficulty falling asleep / Easily awakened / Early awakening / Dreaminess / Nightmares / Insomnia / Strength easily restored after rest / Not easily restored

Sleep aids: None / Medication / Hypnosis / Preparation of sleep environment / Other

(3) Elimination: Normal defecation / Constipation / Incontinence; Normal urination / Pain / Incontinence / Retention; Self-care ability: Yes / No

(4) Health perception/management: Smoking — None / Occasional / Frequent; Alcohol drinking — None / Occasional / Frequent;

Other habits:

(5) Activity/Exercise: Self-care — Complete / Impaired (eating / bathing-hygiene / dressing-grooming / toileting); Endurance — Normal / Easily fatigued

(6) Other:

3. Psychosocial Aspects

(1) Emotional state: Anxiety / Fear / Calm / Sadness / Easily agitated / Depressed / Elated / Hostile / Unresponsive

(2) Psychological feelings: Shyness / Guilt / Uselessness / Powerlessness / Helplessness / Self-denial

(3) Role issues: None / Role conflict / Role absence / Role denial / Role reinforcement

(4) Social interaction: Loneliness / Wishes to interact with more people / Barriers to verbal communication / Unwilling to interact with others

(5) Coping/Stress tolerance

Concerns about hospitalization: None / Financial issues / Self-care ability / Other

Adaptation ability: Able to solve problems independently / Seeks help from others / Relies on others to solve problems

Attitude toward reality: Faces reality correctly / Escapes from reality / Denies obvious problems or weaknesses / Shifts responsibility

Family response to patient's health needs: Ignores / Cannot meet needs / Can meet needs / Seeks help / Overly concerned

(6) Other

II. Nursing Diagnoses

Anxiety / Fear / Sadness / Loneliness / Powerlessness / Non-cooperation / Disturbed self-esteem / Disturbed self-image

Basis for Diagnosis:

Nursing Measures:

Summary

Summarize what was seen and heard during this hospital observational practicum, the gains and feelings from the practicum, as well as your evaluation of this practicum and suggestions for future improvement. The summary should address clinical diseases, nursing procedures, hospital management, doctor-nurse and nurse-patient relationships, and other relevant aspects, and should contain no fewer than 1,200 words.